

To a Mum,  
from a Mum

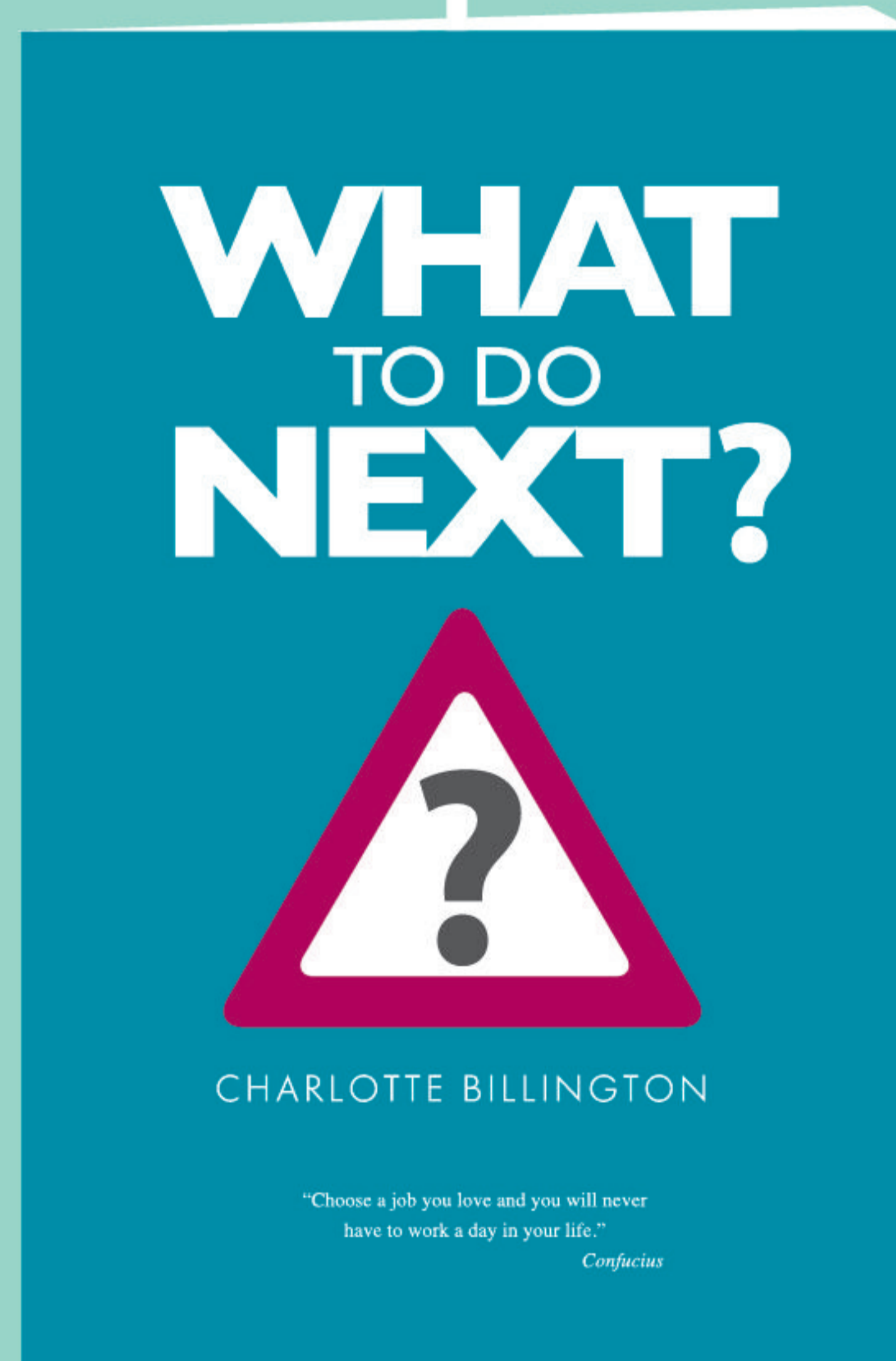
# WHAT TO DO NEXT?

## The Next Career Step for Mums

- ✓ Take this opportunity
- ✓ Don't underestimate yourself
- ✓ Practical exercise book

“  
*I bought this book after having my second baby and was preparing to go back to work. It is a brilliant read, with concise and easy to follow exercises that help guide you through some of the more difficult questions around what to do next. I would highly recommend it.*

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*This is an extremely useful and informative book. As a mother contemplating returning to work I found the exercises invaluable as they were practical, didn't take too long to complete and were a great way of consolidating my thoughts and ideas. I now have a much clearer view of what I want to do next.*



To help and inspire you to be the  
best you can be at work



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